

1. Write down five things, which make you happy.

Possible answers:

I like being among with friends.

Having a very special time with my family.

I relax and enjoy a lot when I am listening my favourite songs.

2. Watch this video :

➤ <https://www.youtube.com/watch?v=1Y5R8K7OKSo>

Have you written any in common with the kids?

POSSIBLE ANSWERS

The kids have said that they feel happy when they eating favourite food. So have I.

I do like playing games as the children like

3. Look at this website:

<https://mashable.com/2014/03/20/50-little-things-that-make-life-happy/>

Compare your list with this one.

➤ Is there anything you would like to change or add in your list?

POSSIBLE ANSWERS

No. I wouldn't. I like my list and it perfectly fits about me.

Yes. I would. I've got new ideas of awesome things.

➤ What do you think makes people happy?

POSSIBLE ANSWERS

On my viewpoint, People usually are happy with moments and not things. And be happy is like be with someone or be in an important place, often it's not to have something

4. Read the article The Science of Happiness and put the headlines in the correct place:

- | | |
|---------------------------|---|
| ➤ Climates and Happiness | Answer – 2^o Paragraph |
| ➤ Measuring Happiness | Answer – 1^o Paragraph |
| ➤ Money and Happiness | Answer – 3^o Paragraph |
| ➤ What makes people happy | Answer – 4^o Paragraph |

The science of happiness

Everyone wants to be happy. Some argue that the main reason people do the things they do is to become happier. Others argue that happiness is a basic human right. But what is happiness? What really makes people happy?

1

Social scientists usually **calculate** happiness simply by asking how happy people are. They ask people the question 'How happy are you from 1 to 10?' Ed Diener, an expert on happiness from the University of Illinois, says that this is a **valid** way of getting information about people's happiness.

2

In one study, researchers asked people in different parts of a country 'How satisfied are you with your life?' People in parts of the country with nicer weather said they were more satisfied with their lives. They said they lived better than people from a city with bad weather.

3

Researchers have examined the relationship between money and happiness for many years. They conclude that very poor people are less happy than rich people. But lots of money doesn't make you happier. If you have a home, food and clothes, extra money doesn't automatically make you more content.

4

According to researchers, there are three things which make people happy:

- 1 Having close relationships with people – family and friends. The closer and deeper the relationships are, the better for your happiness.
- 2 Believing in something. This could be religion, a spiritual **outlook** or a special philosophy in life.
- 3 Having objectives that you find **enjoyable** and interesting. This means that your life has a **purpose**.

5. Read the text again. Look at the answers and complete the questions.

a. Q: How _____ happiness?

Ans: By asking people how happy they are.

ANSWER: How do you calculate happiness?

b. Q: Which _____ satisfied with their lives?

Ans: Those who live in warmer parts of the country.

ANSWER: Which people are more satisfied with their lives?

c. Q: Does money _____ ?

Ans: If you have a home, food, clothes then no, it doesn't.

ANSWER: Does money make you content?

d. Q: What three things _____ ?

Ans: Family and friends, belief in something and enjoyable objectives.

ANSWER: What three things makes people happy?

6. Match the highlighted words in the text to the definitions:

- | | | |
|----|--|---------------------------|
| a. | Officially acceptable | Answer – valid |
| b. | Something that makes you happy | Answer – enjoyable |
| c. | Meaning | Answer – purpose |
| d. | Your general view of things | Answer – outlook |
| e. | To discover a number or result using mathematics | Answer – calculate |

7. Do you agree with the text says about happiness? Do you think it is possible to measure happiness?

Possible answer:

Yes. I agree with the text. As we have some considered facts we can measure happiness levels.

No. I don't. It's impossible to measure a feeling as complex as happiness which involves multi factors, otherwise, there are many other relevant points to set a person as happy one.

AFFIRMATIVE	COMPARATIVE	SUPERLATIVE	EQUALITY
ONE SYLLABLE			
Tall	Taller than	The tallest	As tall as
Easy	Easier than	The easiest	As easy as
Hot	Hotter than	The hottest	As hot as
TWO SYLLABLES			
Useful	More useful than	The most useful	As useful as
Interesting	More interesting than	The most interesting	As interesting as
NEGATIVE			
Funny	Less funny than	The least funny	Not as funny as
EXCEPTIONS			
Good	Better than	The worst	As good as
Bad	Worse than	The worst	As bad as
Far	Farther than/Further than	The farthest/ The furthest	As far as
Little	Less than	The least	As little as

Complete the text with the comparative form of the adjectives in brackets.

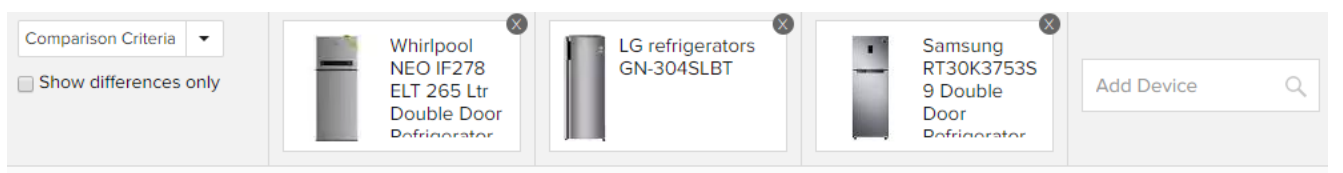
HEALTH AND HAPPINESS

Scientists say that happy people are **healthier** (healthy) than unhappy people. They also live **longer** (long) and **better** (good) lives and are **fitter** (fit). One study found that **happier** (happy) people live up to nine years longer.

Research in the United States suggests that married couple with children are **more satisfied** (satisfied) when their children are **younger** (young). When researchers asked married couples about happiness with teenage children they said their lives were a lot **more stressful** (stressfull).

A survey of British men and women between 1993 and 2003 found that many people said their lives were **more enjoyable** (enjoyable) as they become older. It showed that men were **more content** (content) than women in their teenage years, but women were **happier** (happy) than men **later** (late) in life.

Nowadays, with large products varieties on market, we could be a little confused when we need choose a best gadget for our house. Some websites do a comparison between some products. Here we can find a fridge comparison.



Comparison Criteria	Whirlpool NEO IF278 ELT 265 Ltr Double Door Refrigerator	LG refrigerators GN-304SLBT	Samsung RT30K3753S 9 Double Door Refrigerator	Add Device
<input type="checkbox"/> Show differences only				
SUMMARY				
Capacity	265 Litres	171 Litres		
Refrigerator Type	Double Door	Double Door	Double Door	
Brand	Whirlpool	LG	Samsung	
Energy Rating	3 Star	2 Star	3 Star	
Price	₹ 23,889	₹ 25,990	₹ 25,542	

The LG fridge is **less economic** than Whirlpool one but it is **larger**.

The Whirlpool is **as economic as** the Samsung and the LG has the **most electric consumption**.

The Whirlpool is **the cheapest** among them.

The LG is a little **more expensive than** Samsung

There is a comparison among three excellent mobile phone models.

Use the helpful adjectives on the right to help you make the comparison, after that, choose the best option, and explain your opinion.

	 Samsung Z4	 Xiaomi Mi 10	 Apple Iphone X	Useful adjectives:
Storage	8gb	128gb	64 gb	Large, small
Camera	5 MP	108 + 13 + 2 + 2 MP	12 + 12 MP	Good, bad
RAM	1 GB	8 GB	3 GB	Fast, slow
Battery	2050 mAh	4780 mAh	2716 mAh	Long, short
Fingerprint Sensor	No	Yes	No	
Display	4.5" (11, 43 cm)	6.67" (16,94 cm)	5.8" (14,73 cm)	Big, small
Price	\$ 80,87 dollars	\$ 535,97 dollars	\$ 1.160,89 dollars	Cheap, expensive

Xiaomi has a larger storage than Iphone X
Z4 has the smallest storage

Xiaomi's camera looks better Samsung and Iphone.

Iphone X is faster than Samsung Z4 because its RAM memory, otherwise, it's slower than Xiaomi Mi10.

Iphone's battery looks like Samsung, both are shorter than Xiaomi, which is the longest.

There are a great difference among them on display size, the Samsung is the smallest and Xiaomi is the biggest.

Nevertheless, instead the setup apparently inferior Apple Iphone X has the most expensive price. However there are lot of other point to considerate before buy a smartphone.