1. Write down five things, which make you happy.

## Possible answers:

I like being among with friends.

Having a very special time with my family.

I relax and enjoy a lot when I am listening my favourite songs.

- 2. Watch this video:
- https://www.youtube.com/watch?v=1Y5R8K7OKSo

Have you written any in common with the kids?

3. Look at this website:

https://mashable.com/2014/03/20/50-little-things-that-make-life-happy/

Compare your list with this one.

- Is there anything you would to change or add in your list?
- What do you thing makes people happy?
  - 4. Read the article The Science of Happiness and put the headlines in the correct place:
- Climates and Happiness
- **Measuring Happiness**
- Money and Happiness
- What makes people happy

Everyone wants to be happy. Some argue that the main reason people do the things they do is to become happier. Others argue that happiness is a basic human right. But what is happiness? What really makes people happy?

Social scientists usually calculate happiness simply by asking how happy people are. They ask people the question 'How happy are you from 1 to 10?' Ed Diener, an expert on happiness from the University of Illinois, says that this is a valid way of getting information about people's happiness.

In one study, researchers asked people in different parts of a country 'How satisfied are you with your life?' People in parts of the country with nicer weather said they were more satisfied with their lives. They said they lived better than people from a city with bad weather.

Researchers have examined the relationship between money and happiness for many years. They conclude that very poor people are less happy than rich people. But lots of money doesn't make you happier. If you have a home, food and clothes, extra money doesn't automatically make you more content.

According to researchers, there are three things which make people happy:

- 1 Having close relationships with people family and friends. The closer and deeper the relationships are, the better for your happiness.
- 2 Believing in something. This could be religion, a spiritual outlook or a special philosophy in life.
- 3 Having objectives that you find enjoyable and interesting. This means that your life has a purpose

The science of happiness

5.	5. Read the text again. Look at the answers and complete the questions.						
a.	Q: How		happiness?				
		people how happy they are.					
b.				5?			
	Ans: Those wh	o live in warmer parts of the	country.				
C.	Q: Does money ? Ans: If you have a home, food, clothes then no, it doesn't.						
d. Q: What three things ?  Ans: Family and friends, belief in something and enjoyable objectives.							
6. a. b. c. d. e.	Officially acceptions Something that Meaning Your general v	at makes you happy					
7.	Do you agree v	with the text says about happ	iness? Do you think it is pos	sible to measure happiness?			
AFFIRI	MATIVE	COMPARATIVE O	SUPERLATIVE NE SYLLABLE	EQUALITY			
Tall		Tall <i>er than</i>	The tallest	As tall as			
Easy		Eas <i>ier than</i>	The easiest	As easy as			
Hot		Hot <i>ter than</i>	The hottest	As hot as			
		τν	VO SYLLABLES				
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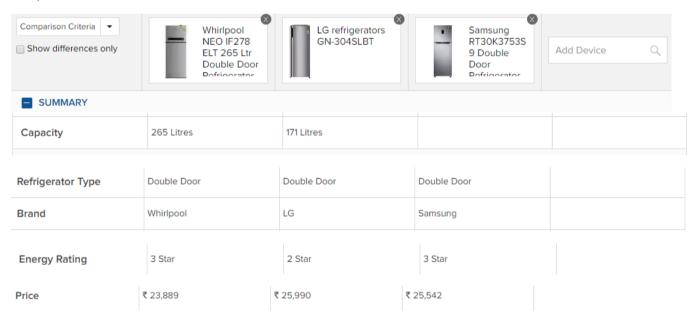
1 411	raner errarr	The tailest	715 tan 45	
Easy	Eas <i>ier than</i>	The easiest	As easy as	
Hot	Hot <i>ter than</i>	The hottest	As hot as	
	TWO SY	<b>/LLABLES</b>		
Useful	<i>More</i> useful <i>than</i>	The most useful	As useful as	
Interesting	More interesting than	The most interesting	As interesting as	
	NEG	<i>ATIVE</i>		
Funny	Less funny than	The least funny	Not as funny as	
	EXCE	PTIONS		
Good	Better than	The worst	As good as	
Bad	Worse than	The worst	As bad as	
Far	Farther than/Further than	The farthest/ The furthest	As far as	
Little	Less than	The least	As little as	

Complete the text with the comparative form of the adjectives in brackets.

## **HEALTH AND HAPPINESS**

Scientists say that happy people are		(healthy) than unhappy people.	e. They also live	
(long) and	(good) lives and are	(fit). One study found that	(happy) live up to	
nine years longer				
their children are		t married couple with children are archers asked married couples about ha _ (stressfull).		
(enj	oyable) as they become older. It s	en 1993 and 2003 found that many peo howed that men were (co py) than men (late) in life.	ntent) than women in their	

Nowadays, with large products varieties on market, we could be a little confused when we need choose a best gadget for our house. Some websites do a comparison between some products. Here we can find a fridge comparison.



The LG fridge is *less economic* than Whirlpool one but it is *larger*.

The Whirlpool is as economic as the Samsung and the LG has the most electric consumption.

The Whirlpool is *the cheapest* among them.

The LG is a little *more expensive than* Samsung

There is a comparison among three excellent mobile phone models.

Use the helpful adjectives on the right to help you make the comparison, after that, choose the best option, and explain your opinion.

	Samsung Z4	Xiaomi Mi 10	Apple Iphone X	Useful adjectives:
Storage	8gb	128gb	64 gb	Large, small
Camera	5 MP	108 + 13 + 2 + 2 MP	12 + 12 MP	Good, bad
RAM	1 GB	8 GB	3 GB	Fast, slow
Battery	2050 mAh	4780 mAh	2716 mAh	Long, short
Fingerprint Sensor	No	Yes	No	
Display	4.5" (11, 43 cm)	6.67" (16,94 cm)	5.8" (14,73 cm)	Big, small
Price	\$ 80,87 dollars	\$ 535,97 dollars	\$ 1.160,89 dollars	Cheap, expensive